



**Kaua'i Ho'ohui O Recreation
Department of Parks & Recreation**



JUNIOR HOOPSTER (GRADES 2 – 3) LEAGUE RULES

<u>EQUIPMENT & COURT SPECIFICATIONS</u>		
Topic	Rule	Definition & Rationale
Ball Size	Size 5/ 27.5"	A smaller basketball for younger players is due to the size of the child's hand as well as their developing skill level. Same ball size for both girls & boys.
Basket Height	8 feet	Utilizing a lower basket height allows children to develop proper shooting form and increases the opportunity for shooting success.
Court	Court Width	This court dimension is more appropriate for younger children based on their relative size in space.
<u>GAME STRUCTURE</u>		
Topic	Rule	Definition & Rationale
Game Length	Six 5-minute periods/ 3 periods per half	The additional periods will ensure that all children participating will have an opportunity to experience the sport.
Halftime	3 minutes	
Scoring	<u>NO SCORE</u>	Game score will not be kept. Emphasis should be placed on skill development, sportsmanship, teamwork, and social interaction.
Start of Game Possession	Coin Flip	Opening possession will be determined by coin flip. Then alternating possession at the start of each period.
<u>GAME PLAY RULES & TACTICS</u>		
Topic	Rule	Definition & Rationale
Playing Time	Equal	Each child must play a full period in each half.
Defense	Player-to-player defense only	Each player is responsible for guarding and moving with one offensive player. This requires the defensive player to move according to the offensive player's movements with or without the ball.
Pressing Defense	Pressing is <u>not allowed</u>	"Pressing" is prohibited to help children develop principles of movement with and without the ball in a half-court setting.
Double-Team/Crowding	Double-team/crowding is <u>not allowed</u>	"double-teaming" is prohibited due to the size and skill discrepancies among children at these ages.
Stealing From the Dribbler	Stealing from the dribbler is <u>not allowed</u>	This allows the player dribbling the ball to develop dribbling skills and confidence with the basketball.
Substitutions	No Limit. Substitute when play is stopped.	For the safety reasons, substitution of player will take place when play has stopped.